

Therapists

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Groups

The Courage to Change One Year Personal Development Group with Malcolm Stern 07890 573 081 malcom@malcolmstern.com

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The Life Talent Programme Personal Development Course with Julian Russell 07721 677 812 julian.russell@lifetalent.com

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Fortnightly Gestalt Group

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....and **Claire Asherson Bartram** [link to Fortnightly Group Details](#)

Monthly Gestalt Group

Claire Asherson Bartram [link to Monthly Group Details](#)